

SEPAC BOARD

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Frances Morgan (Bolton)

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Stow
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Hale, Lindsey Dyda

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Lancaster

Mary Rowlandson, Charlene Cabral
Luther Burbank, Melissa Whalen

High School Representative

Isabel Wells, Bolton

Social Media

Melissa Whalen

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Nicole Thomas, Bolton

Treasurer

Kaitlyn Smith, Stow

DISTRICT CONTACTS

Director of Pupil and Personnel Services
50 Mechanic Street
Bolton, MA 01740
978.779.0539

Joan DeAngelis
Director of Pupil and Personnel Education
jdeangelis@nrsd.net



Serving Bolton, Lancaster, and Stow

Bolton

Florence Sawyer Elementary School

Florence Sawyer Middle School

Lancaster

Mary Rowlandson Elementary School

Luther Burbank Middle School

Stow

Center Elementary School

Hale Middle School

Regional

Nashoba Regional High School

NASHOBA SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)

You are your child's best advocate. Be informed.



nashobasepac@gmail.com
Facebook: Nashoba SEPAC

SEPAC Mission

The mission of Nashoba SEPAC is to advocate for the understanding of, the respect for, and the support of all children with special needs in the NRSd community.

How can SEPAC Help Me?

When a child struggles in school, parents may feel frustrated, helpless, angry, sad, and alone. Nashoba SEPAC welcomes you into a network of supportive parents who have had similar experiences. SEPAC members provide information and support to help other parents feel empowered and optimistic about their child's education. We offer:

- ◆ Parent-to-parent support and networking.
- ◆ Educational forums and workshops.
- ◆ An avenue to bring questions and suggestions to school administration.

Join Us

Membership open to all interested in supporting students in the Nashoba Regional School District (NRSd) who receive special education services. For the meeting schedule, and supporting documents, visit the SEPAC page (located under the Families tab) at nrsd.net.



2018-2019 Workshop Schedule

All workshops will take place at 7:00PM, unless otherwise noted.

Date	Title	Presenter
9/6/18	Basic Rights in Special Education	Faith Morgan (FMM)
9/18/18	Empowering Children by Improving Reading Comprehension and Study Skills	Katherine Kerrigan-Wang M.S. Ed (The Kerrigan Classroom)
10/2/18	Meet the Director of Pupil and Personnel Services	Joan DeAngelis (NRSd)
10/30/18	An IEP for My Child	Jonathan Smith (FCSN)
11/15/18	Decoding the Neuropsychology Report	Nancy Roosa Psy. D. (NESCA)
1/8/19	Bureau of Special Education Appeals (Mediation and Due Process Hearing)	Reece Erlichman (BSEA) Steve Lilly-Weber (BSEA)
2/5/19	Occupational Therapy Services (In-District)	Karen Fitzpatrick (NRSd)
3/6/19	Transitioning to College for Students with Learning Differences	Cheryl Gallagher (NRSd)
4/4/19	Decoding Dyslexia	Amity Kulis Psy. D. (NESCA)
5/21/19	Understanding Anxiety	Angela Currie Ph.D. (NESCA)

2018-2019 Business Meetings

All business meetings will take place at 7:00PM, unless otherwise noted.

Date	Time	Title
10/9/18	7:00PM	Fall Business Meeting
1/15/19	7:00PM	Winter Business Meeting
4/2/19	7:00PM	Spring Business Meeting
6/13/19	7:00PM	Summer/ End of Year Business Meeting

What is Special Education

Special education means specially designed instruction, at no cost to the parents, to meet the unique needs of a students with disabilities. The services and supports one child receives may be very different from what another child receives. It's all about individualization. Special education provides students the instruction and related services that they require to make effective progress in school.

Who qualifies for Special Education

The Individuals with Disabilities Education Act (IDEA) is the federal law that defines and regulates special education. The law requires public schools to provide special education services to children ages 3 to 21 who meet certain criteria. (Children younger than 3 can get help through IDEA's early intervention services.) Students determined eligible for special education services must meet all three of the following criteria:

- 1) The student has a documented disability that is covered by IDEA
- 2) The student is not making effective progress
- 3) The student requires specifically designed instruction, or related services, to make effective progress

Resources

Federation for Children with Special Needs

www.fcsn.org

Family Ties (Commonwealth of MA)

800.905.TIES(8437)